

# New Forest Day Out 100km

10:00 a.m.  
Sunday  
10<sup>th</sup> May 2015



Thank you for entering this New Forest event.  
**PLEASE NOTE THE FOLLOWING INFORMATION**

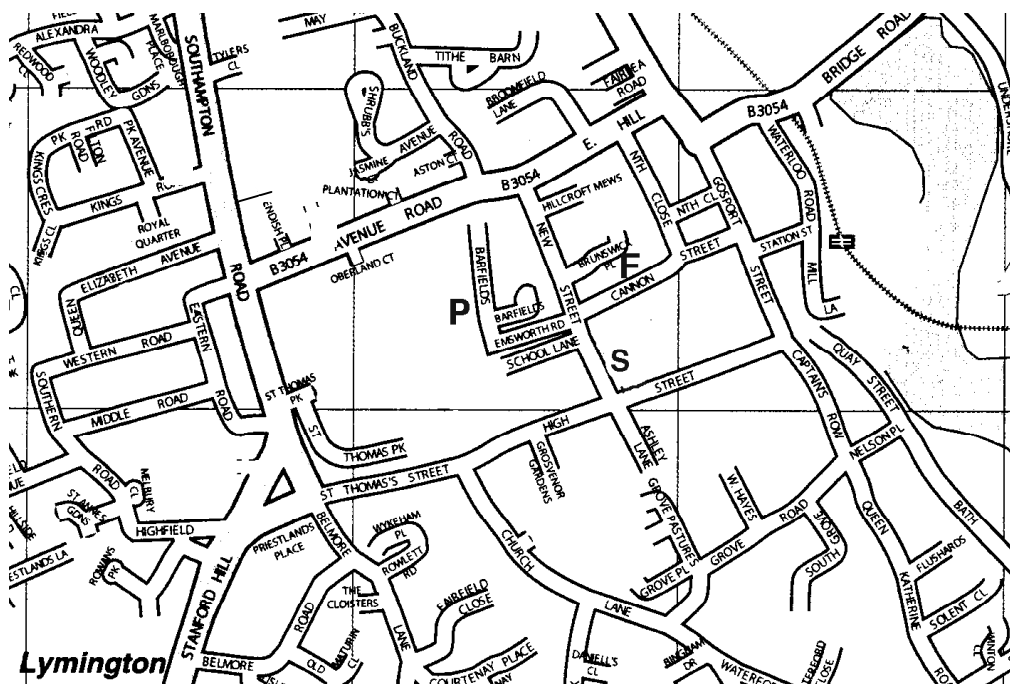
- ◆ **Car parking** is available close to the start and finish - at the Town Hall (Avenue Rd) and at Barfields long stay car park via Emsworth Rd (**P** on map). Parking permit for the day is enclosed. **(DO NOT park in the Emsworth Road short stay car park)**
- ◆ **START** is from New Street behind Costa Coffee in High Street [GR: SZ324956] (**S** on map)
- ◆ There are **Public toilets** in New Street, opposite the start
- ◆ **FINISH** is in the Lymington Community Centre in Cannon Street, (**F** on map)
- ◆ Luggage may be left at your own risk and it will be transferred to the finish

**Eating opportunities** – in addition to the Breamore Tea Barn control at 50km, there are plenty of pubs and cafés serving food on or close to the route.  
A selection of recommended opportunities are shown on the route sheet

- ◆ Refreshments will be available at the finish.

### *Your attention is drawn to the following:*

- Many of the New Forest roads are unfenced and you will encounter ponies, donkeys, cattle and possibly deer or pigs. All animals should be treated as being unpredictable in their behaviour.
- There are quite a few cattle-grids. These can be slippery in wet weather.
- Several fords are crossed. There will probably be water in the Watersplash at Brockenhurst and the ford at Moyles Court.
- Horse riding and carriage driving (Pony and Trap) is an everyday part of New Forest life. Please **slow down and make your presence known** when passing or overtaking (calling out is a good way of attracting attention, because horses are used to the human voice). Ponies and traps are easily spooked with potentially serious consequences for either the horse or the passing cyclist.



All of the enclosed documents + route map and gpx file are available on:  
<http://www.cyclingnewforest.org/100km-information.html>